

Online Health Resources (We use CRAAP test to evaluate online health resources)

DONT

1. Google: [www.google.com](http://www.google.com)

2. WebMD: [www.webmd.com](http://www.webmd.com)

3. Hospital Web Sites

a. Cleveland Clinic: <https://my.clevelandclinic.org/health>

b. MD Anderson: <https://www.mdanderson.org/patients-family.html>

c. Mayo Clinic: <https://www.mayoclinic.org/patient-care-and-health-information>

d. John Hopkins: <https://www.hopkinsmedicine.org/health>

e. Cedars-Sinai: <https://www.cedars-sinai.org/health-library.html>

f. National Jewish: <https://www.nationaljewish.org/Health-Insights>

OKAY

4. Health Organization Websites

a. American Cancer Society: <https://www.cancer.org/healthy.html>

b. American Diabetes Association: <http://www.diabetes.org/>

c. American Dental Association: <https://www.ada.org/en/public-programs>

d. American Heart Association: <https://www.heart.org/>

e. Academy of Nutrition and Dietetics: <https://www.eatright.org/>

f. Teen Health: <https://teenshealth.org/en/teens/>

ALRIGHT

5. Government Health Agencies

a. National Cancer Institute: <https://www.cancer.gov/>

b. WIC (Women, Children and Infants): <https://www.choosemyplate.gov/moms-pregnancy-breastfeeding>

c. Choosemyplate.gov: <https://www.choosemyplate.gov/>

d. SAMHSA: <https://www.samhsa.gov/topics>

e. Office of Minority Health: <https://www.minorityhealth.hhs.gov/>

f. SNAP (Supplemental Nutrition Education): <https://snaped.fns.usda.gov/>

BETTER

BEST

6. MedlinePlus: <https://medlineplus.gov/>

Next Steps:

1. Check out: <https://publiclibrary.health/>

2. Health Observances Calendar: <https://healthfinder.gov/NHO/default.aspx>

3. Libraries are Champions of Healthy Communities Facebook:  
<https://www.facebook.com/groups/LibsChampionHealth/>

4. Get to know your Regional Medical Library

a. Stand Up for Health Course

b. Certified Health Information Specialization (CHIS)

**Contact Information:**

Maggie Shawcross

Librarian

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970-506-8488, [mshawcross@highplains.us](mailto:mshawcross@highplains.us)



[medlineplus.gov](http://medlineplus.gov)

**M**edlinePlus is the National Institutes of Health's Web site for patients and their families and friends, produced by the National Library of Medicine.

### Health Topics

Information on conditions, diseases and staying well, latest health news, dictionary definitions and encyclopedia articles with pictures

### Drugs + Supplements

Prescription and over-the-counter medicines, and herbs.

### Videos + Tools

Videos on anatomy, surgical procedures and healthy living, games, calculators and quizzes to check your health and test your knowledge

### MedlinePlus Connect

Links electronic health records and patient portals to MedlinePlus information about specific diagnoses, medications, and lab tests



[medlineplus.gov/espanol](http://medlineplus.gov/espanol)

**M**edlinePlus es el sitio web de los Institutos Nacionales de Salud para pacientes, sus familias y amigos, producida por la Biblioteca Nacional de Medicina.

### Temas de Salud

Información sobre condiciones, enfermedades y bienestar, últimas noticias de salud y una enciclopedia con ilustraciones

### Drogas + Suplementos

Medicamentos con y sin receta médica, hierbas y suplementos

### Videos + Multimedia

Videos sobre anatomía, procedimientos quirúrgicos y bienestar, juegos, calculadoras y pruebas para chequear su salud y poner a prueba sus conocimientos

### MedlinePlus Connect

Conecta historias clínicas electrónicas y portales para el paciente a información sobre diagnósticos y exámenes de laboratorio específicos en MedlinePlus



**NIH** U.S. National Library of Medicine

[www.nlm.nih.gov](http://www.nlm.nih.gov)

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