



Module 3: Trauma- Informed Principles



Lesson 7: Trauma-Informed Principles

"What is wrong with you?" → "What happened to you?"

6 Steps

1

Understanding

2

Compassion

3

Responsiveness &
Cultural Humility

4

Safety & Stability

5

Empowerment

6

Resiliency &
Recovery

Resources & Additional Learning

TRAININGS: PSYCHOLOGICAL FIRST AID (PFA) AND
SKILLS FOR PSYCHOLOGICAL RECOVERY (SPR)

<https://learn.nctsn.org/course/index.php?categoryid=11>

A TRAUMA-INFORMED APPROACH TO LIBRARY
SERVICES

<https://www.alastore.ala.org/content/trauma-informed-approach-library-services>

<https://www.worldcat.org/title/1292972097>

